



# Brainerd CHURCH

A United Methodist Congregation



**We demonstrate the love of Jesus by welcoming our neighbors,  
growing disciples and serving those in need.**

"Blessed are those who are  
persecuted for righteousness'  
sake, for theirs is the kingdom of  
heaven. Blessed are you when  
others revile you and persecute  
you and utter all kinds of evil  
against you falsely on my  
account."

Matthew 5:10-11

We are experts about the past. We let the past guide our plans for the future. For such is the way humanity lets history repeat itself. Our very survival depends upon vigilant attention to the past and future. What about the present? Yes, this moment. Consider shifting your focus to right here, right now. I promise your ego will rebel. The judge in your head will demand you stop it. The memories in your heart will warn you of the dangers. Being the blessed peacemaker gives us a lot to do. To make peace with the judge in our head and the brokenness of our hearts we need a third place to stand. Your soul is that place. The 7 promises Jesus gave to the churches in Revelation open the door into our soul.

**MAY 31, 2026**

**TRINITY SUNDAY**

4315 Brainerd Road, Chattanooga, Tennessee 37411  
Phone: 423.698.6951 • [www.brainerdumc.org](http://www.brainerdumc.org)



|                |   |                        |
|----------------|---|------------------------|
| *Doxology 94   | <i>Praise God, from Whom All Blessings Flow</i> | LASST UNS ERFREUEN     |
| *Gospel Lesson | Matthew 5:10-11                                 | Liturgist              |
| The Message    | "Come Up Here "                                 | Rev. Robert Burlingham |
| *Hymn 399      | <i>Take My Life, and Let It Be</i>              | MESSIAH                |

Announcements

Benediction

Postlude

*(Please remain seated during the Postlude and reflect on God's presence during the morning's worship.)*

**\* Please stand as you are able.**

We welcome you to Brainerd United Methodist Church. If you are interested in learning more about the church or in joining, please visit us at [www.brainerdumc.org](http://www.brainerdumc.org).

If you would like to check out the bulletin online, go to [www.brainerdumc.org](http://www.brainerdumc.org) and click on "Weekly Bulletin."

### Finding My Way

(Robert Burlingham)

Sometimes I ask Siri or Google for directions. I use the following survey to navigate various trials and situations. I ask, "Is this being done to me, for me, with me, or through me?" This way of exploring a situation or trial lets me navigate the feelings of my heart and the thoughts of my mind.

Is this being done to me? Who likes things being done to them? Doing things to me feels like fear, shame, guilt, or blame. Once these emotions or poor spirits get into my heart, my mind works overtime seeking a solution. My first thought is defense, retribution, or getting even.

Is this being done for me? Doing things for our neighbor is a sign of compassion. It rises from empathy. It is the Golden Rule in action. Do unto others as you would have them do unto you. Permission to do things for our neighbor takes compassion to a deeper level. "Asking" celebrates their free will, choice. If my neighbor does not want whatever I feel led to do **for** them, they may perceive it as being done **to** them. Love is patient with neighbor and self.

Is this being done with me? Doing things with one another builds friendships, trust, and community. It creates ease and flow.

Is this being done through me? I contend God works through our heart, soul, and mind. A Disciple lets God work through them. God is working through us when we experience one of the 7 promises Jesus made to the Churches in Revelation being fulfilled in our lives.

# B U M C W E E K L Y E V E N T S

## **Sunday, May 31**

- 9:30 a.m. Sunday Morning Fellowship, **Atrium**
- 10:00 a.m. Sunday Worship, **Sanctuary and Online**
- 11:00 a.m. Sunday School, **Classrooms**
- 6:00 p.m. Basketball, **Gym**

## **Monday, June 1**

- 10:30 a.m. Bible Study, **Wesley Conference Room**
- 2:00 p.m. Pickleball for All, **Gym**

## **Tuesday, June 2**

- 11:30 a.m. Women's Prayer Group Meeting, **Truman Brooks Room**

## **Wednesday, June 3**

- 10:00 a.m. AGO Organ Exams Practice, **Sanctuary**
- 2:00 p.m. Pickleball for All, **Gym**
- 7:00 p.m. Men's Volleyball, **Gym**

## **Thursday, June 4**

- 8:30 a.m. AGO Written Exams, **Library**
- 10:00 a.m. AGO Organ Exams Practice, **Sanctuary**
- 12:00 p.m. Bible Study, **Wesley Conference Room**
- 2:00 p.m. Pickleball for All, **Gym**
- 7:00 p.m. Women's Volleyball, **Gym**

## **Friday, June 5**

- 9:00 a.m. AGO Written Exams, **Library**
- 9:00 a.m. AGO Organ Exams, **Sanctuary**
- 12:30 p.m. Organ Practice, **Sanctuary**
- 6:00 p.m. Co-Ed Volleyball, **Gym**

## **Saturday, June 6**

- 9:00 a.m. KBTOC Birdie Team, **Gym**
- 11:00 a.m. Snehu Birdie Team, **Gym**

## **Sunday, June 7 Regularly Scheduled Events**

### **Women's Prayer Group**

Our Women's Prayer Group meets the first Tuesday of every month at 11:30. Bring your brown bag lunch and a drink. We will eat, fellowship, share, laugh and pray.

Our next meeting is **Tuesday, June 2**.

This time together is open to **all** females who are interested.

